Walnut Creek Aquabears All-Time Top Ten Times

13 & 14 Girls - Long Course Meters (updated through August 7, 2014)

50 meter Freestyle

1	DORMAN, LISA	26.84	1982
2	BEREKNYEI, SYLVIA	26.86	1995
3	SHEETZ, STEPHANIE	27.26	1984
4	BARATTOLO, ISABELLA G	27.57	2013
5	HOLMAN, AMANDA N	27.63	2003
6	MITCHELL, KATHERINE	27.67	1996
7	KROCHKA, JAYMEE L	27.84	2006
8	LIETZ, HEIDI	27.98	1995
9	TITTLE, LANI N	28.06	2010
10	RADELL, AINSLEY C	28.08	2014

100 meter Freestyle

1	BEREKNYEI, SYLVIA	57.98	1995
2	MITCHELL, KATHERINE	59.46	1996
3	LEONARD, KELSEY D	59.87	2010
4	DORMAN, LISA	1:00.04	1982
5	KROCHKA, JAYMEE L	1:00.26	2006
6	SHEETZ, STEPHANIE	1:00.58	1985
7	BARATTOLO, ISABELLA G	1:00.82	2013
8	HOLMAN, AMANDA N	1:00.85	2004
9	GARCIA, GIANNA P	1:01.07	2013
10	LIETZ, HEIDI	1:01.21	1994

200 meter Freestyle

1	BEREKNYEI, SYLVIA	2:05.08	1995
2	MITCHELL, KATHERINE	2:08.46	1996
3	LEONARD, KELSEY D	2:09.21	2010
4	BARRY, ALISON	2:10.55	1996
5	LIETZ, HEIDI	2:11.41	1995
6	MCGOWAN, CHRISTINA A	2:11.71	2002
7	BENJAMIN, MIRIAM B	2:12.08	2011
8	O'BRIEN, RACHEL N	2:12.42	2004
9	LEWIS, KELSEY L	2:13.64	2004
10	YOSHIWARA, CAROLE S	2:14.03	2003

400 meter Freestyle

1	BENJAMIN, MIRIAM B	4:33.11	2011
2	MITCHELL, KATHERINE	4:33.35	1996
3	MCGOWAN, CHRISTINA A	4:34.29	2002
4	O'BRIEN, RACHEL N	4:34.81	2005
5	HARPER, SHELLEY A	4:36.76	2004
6	JOLLY, LYNN	4:37.00	1980
7	BEREKNYEI, SYLVIA	4:37.76	1995
8	YOSHIWARA, CAROLE S	4:41.16	2003
9	LEWIS, KELSEY L	4:43.60	2003
10	BARRY, ALISON	4:43.88	1996

800 meter Freestyle

1	BENJAMIN, MIRIAM B	9:18.34	2011
2	MCGOWAN, CHRISTINA A	9:23.67	2002
3	HARPER, SHELLEY A	9:33.39	2004
4	JOLLY, LYNN	9:38.47	1980
5	O'BRIEN, RACHEL N	9:41.11	2005
6	BRUNGARD, CAMI	9:42.07	1980
7	YOSHIWARA, CAROLE S	9:44.11	2003
8	LIANG, JOANN	9:46.98	2005
9	CONLEY, MARGARET	9:48.14	1990
10	MARTINSON, JOURNEY	9:49.19	2011

1500 meter Freestyle

1	MCGOWAN, CHRISTINA A	18:03.63	2002
2	JOLLY, LYNN	18:10.23	1980
3	BENJAMIN, MIRIAM B	18:11.79	2011
4	HARPER, SHELLEY A	18:21.03	2004
5	BRUNGARD, CAMI	18:23.66	1980
6	YOSHIWARA, CAROLE S	18:39.04	2003
7	YODER, SHAILA A	18:51.15	2005
8	HARPER, KIRSTEN A	19:14.40	2002
9	LIANG, JOANN	19:14.84	2006
10	DIAZ, ISABELLA X	19:20.63	2007

100 meter Backstroke

1	HENDRICKS, HEIDI	1:07.50	1994
2	GARCIA, GIANNA P	1:07.68	2013
3	PLUMMER, EMILY	1:08.82	1991
4	LIANG, JOANN	1:09.54	2006
5	BEREKNYEI, SYLVIA	1:09.66	1995
6	ALONSO, LAURA	1:10.24	1986
7	BARATTOLO, ISABELLA G	1:11.24	2013
8	KNAPP, LINDSAY	1:10.38	1996
9	MIDDLETON, TARA Q	1:11.31	2012
10	PADILLA, REBEKAH M	1:11.68	2006

200 meter Backstroke

1	HENDRICKS, HEIDI	2:22.81	1984
2	KNAPP, LAURA	2:27.75	1991
3	LIANG, JOANN	2:28.62	2006
4	GARCIA, GIANNA P	2:31.61	2013
5	O'BRIEN, RACHEL N	2:32.08	2004
6	PLUMMER, EMILY	2:32.50	1991
7	CONLEY, MARGARET	2:33.07	1989
8	WYKA, CAROLINE	2:33.13	1991
9	RADELL, AINSLEY C	2:34.15	2014
10	BARATTOLO, ISABELLA G	2:34.20	2013

100 meter Breaststroke

1	WEIGAND, ELAINE	1:14.98	1986
2	BEREKNYEI, SYLVIA	1:15.71	1994
3	MIDDLETON, ANNE	1:17.22	1983
4	ALLARD, CHELSEA N	1:17.93	2004
5	YODER, SHAILA A	1:17.95	2004
6	HARPER, KIRSTEN A	1:18.20	2001
7	LEWIS, KELSEY L	1:18.63	2003
8	RADELL, AINSLEY C	1:19.18	2014
9	CONLEY, MARGARET	1:19.41	1989
10	TSAI, VIVIAN	1:19.55	1989

200 meter Breaststroke

1	WIEGAND, ELAINE	2:42.18	1986
2	LEWIS, KELSEY L	2:43.57	2003
3	HARPER, SHELLEY A	2:45.54	2004
4	YODER, SHAILA A	2:45.92	2005
5	LAMBERT, BETHANNE	2:47.19	1981
6	HARPER, KIRSTEN A	2:47.47	2001
7	RADELL, AINSLEY C	2:48.37	2014
8	ALLARD, CHELSEA N	2:48.53	2004
9	MIDDLETON, ANNE	2:50.64	1983
10	SMITH, APRIL F	2:51.15	2003

100 meter Butterfly

1	BEREKNYEI, SYLVIA	1:02.13	1995
2	GARCIA, GIANNA P	1:04.23	2013
3	AHMANN, CHRISTINE	1:04.89	1984
4	NASCIMENTO, AMANDA	1:05.03	1997
5	LEONARD, KELSEY D	1:05.26	2009
6	LIETZ, HEIDI	1:05.56	1995
7	TSAI, VIVIAN	1:06.50	1990
8	WEBSTER, ANNE	1:06.58	1982
9	HOLMAN, AMANDA N	1:07.17	2004
10	O'BRIEN, RACHEL N	1:07.47	2005

200 meter Butterfly

1	NASCIMENTO, AMANDA	2:21.97	1997
2	LIETZ, HEIDI	2:24.11	1995
3	O'BRIEN, RACHEL N	2:27.13	2005
4	LINKE, SANDRA	2:27.92	1982
5	HARPER, SHELLEY A	2:28.47	2004
6	MCGOWAN, CHRISTINA A	2:28.59	2002
7	TSAI, VIVIAN	2:28.64	1990
8	LAWRENCE, CARI	2:28.91	1981
9	HAACK, DANIELLE	2:29.03	1994
10	GARCIA, GIANNA P	2:29.16	2013

200 meter Individual Medley

1	MITCHELL, KATHERINE	2:22.25	1996
2	LEWIS, KELSEY L	2:23.93	2004
3	BEREKNYEI, SYLVIA	2:29.23	1994
4	WEIGAND, ELAINE	2:29.70	1986
5	O'BRIEN, RACHEL N	2:30.38	2004
6	HARPER, SHELLEY A	2:30.45	2004
7	LIETZ, HEIDI	2:31.56	1995
8	GARCIA, GIANNA P	2:32.17	2013
9	RADELL, AINSLEY C	2:32.29	2014
10	CONLEY, MARGARET	2:33.90	1990

400 meter Individual Medley

1	LEWIS, KELSEY L	5:07.46	2004
2	O'BRIEN, RACHEL N	5:12.55	2004
3	HARPER, SHELLEY A	5:13.35	2004
4	CONLEY, MARGARET	5:17.89	1990
5	BEREKNYEI, SYLVIA	5:20.01	1994
6	PRIDEAUX, JULIE	5:21.15	1982
7	WEIGAND, ELAINE	5:21.52	1983
8	MCGOWAN, CHRISTINA A	5:23.39	2001
9	HORNBUCKLE, ALYSSA N	5:26.20	2013
10	KNAPP, LINDSAY	5:26.76	1996